

PACIFICA GRADUATE INSTITUTE

Ph.D. Program I
Spring 1996

Advanced Psychopathology II (CP 731)
Instructor: Dr. Mary Watkins X127

Office Hours:
Friday: 12:30 - 1:00 pm

COURSE SYLLABUS

A. Course Objectives

1. To acquaint students with three theoretical approaches to the understanding and treatment of psychopathology: the sociocultural approach, the archetypal/imaginal approach, the existential/phenomenological approach
2. To develop a working understanding of the etiology, course, and treatment of the following psychopathologies: childhood disorders of attention deficit, learning disorders, autism, separation anxiety, oppositional disorder, and conduct disorder; anxiety, somatoform, factitious, dissociative, eating, impulse control disorders; histrionic, dependent, obsessive-compulsive personality disorders
3. To explore specific therapeutic interventions based on the above mentioned theoretical approaches

B. Curriculum and Schedule

Each morning will involve the presentation and exploration of a theoretical school's approach to pathology, the afternoon will revolve around student presentations and exploration of particular "disorders," and the evening will be focused on therapeutic interventions, often with an experiential component.

Weekend I

Approach: Culture Based theories of psychopathology
Disorders: attention deficit, learning disorders, autism, separation anxiety, oppositional defiant disorder, conduct disorder
Interventions: play therapy (from a Winnicottian and imaginal perspective); Selman's pair therapy

Weekend II

Approach: Archetypal and imaginal approaches to psychopathology
Disorders: Anorexia nervosa, bulimia, dependent personality disorder, histrionic personality disorder, somatoform disorders
Interventions: Imaginal work in psychotherapy, blending archetypal, object relations, and phenomenological approaches

Weekend III

Approach: Existential-phenomenological approaches to psychopathology
 Disorders: Anxiety, factitious, dissociative, impulse-control, post-traumatic stress disorders; obsessive-compulsive personality disorder
 Interventions: Medard Boss' phenomenological approach to dreams as descriptors of the "patient's" existential situation; Eugene Gendlin's "focusing"

C. Course Requirements

1. Thorough reading of assignments and mindful class participation
2. 15-20 minute preentation of a theoretical understanding of a particular disorder, and interventions based on this understanding. Students will sign up for their five preferences and will be given a final assignment a month before class starts.

D. Requiried Readings**Weekend I:****CP-731 Reader - Weekend I**

Fromm, E. (1985). *The Erich Fromm Reader*. Rainer Funk (Ed.). Atlantic Highlands. NJ: Humanities Press. Pp. 3-8, 31-55, 73-88, 143-148.

Horney, K. (1950). *Neurosis and human growth*. NY: Norton. Pp. 17-85.

Kleinman, A. (1988). *Rethinking psychiatry: From cultural category to personal experience*. NY: Free Press. Pp. 1-76.

Maxman J. & Ward, N. (1995). *Essential Psychopathology and its treatment*. NY: Norton. Pp. 419-457.

Sacks, O. (1995). *An anthropologist on Mars*. NY: Vintage. Pp. 244-299.

Sampson, E. (1989). The challenge of social change for psychology: Globalization and psychology's theory of the person. *American Psychologist*, 44, 6, 914-921

Watkins, M. (1992). From individualism to the interdependent self: Changing the paradigm of the self in psychotherapy, *Psychological Perspectives*, 27.

Text

American Psychiatric Association. (1994). *Diagnostic and statistical manual of mental disorders* (4th ed.). Washington, DC: Author. Pp. 37-121.

Weekend II:**CP-731 Reader - Weekend II**

Hillman, J. (1964). *Suicide and the soul*. Dallas: Spring Publications. Pp. 38-94.

Hillman, J. (1971). Psychology: Monotheistic or polytheistic. *Spring Journal*, 193-208.

Hillman, J. (1975). *Re-Visioning psychology*. NY: Harper. Pp. 55-112, 239-244.

Hillman, J. (1983). The fiction of case history. *Healing Fictions*. Dallas: Spring Publications. Pp. 3-49.

Kleinman, A. (1988). Hypochondriasis: The ironic disease. In A. Kleinman, *The illness narratives: Suffering, healing and the human condition*. NY: Basic Books. Pp. 194-208.

Maxman, J. & Ward, N. (1995). *Essential psychopathology and its treatment*. NY: Norton. Pp. 332-348, 414-418, 397-399, 284-303.

Steiner-Adair, C. (1990). The body politic: Normal female adolescent development and the development of eating disorders. In C. Gilligan, N. Lyons & T. Hanner (Eds.), *Making connections: The relational worlds of adolescent girls at Emma Willard School*. Cambridge: Harvard University Press. Pp. 162-182.

Watkins, M. (1986). *Invisible guests: The development of imaginal dialogues*. Hillsdale, NJ: Analytic Press. Pp. 131-174, 180-183.

Text

American Psychiatric Association. (1994). *Diagnostic and statistical manual of mental disorders* (4th ed.). Washington, DC: Author. Pp. 539-550, 629-634, 655-658, 665-673.

MacKinnon, R. & Michels, R. (1971). *The psychiatric interview in clinical practice*. Philadelphia: Saunders Co. Pp. 110-146, 363-373.

Weekend III:**CP-731 Reader - Weekend III**

Boss, M. (1963). *Psychoanalysis and daseinanalysis*. NY: Basic Books. Pp.131-185.

Maxman, J. & Ward, N. (1995). *Essential psychopathology and its treatment*. NY: Norton. Pp. 244-283, 304-319, 377-388.

Minkowski, E. (1970). Toward a psychopathology of lived space. In *Lived time*. Evanston: Northwestern University Press. Pp. 399-433.

Straus, E. (1966) *Phenomenological psychology*. NY: Basic Books. Pp. 277-329.

von Gebattel, V. E. (1958). The world of the compulsive. In R. May, E. Angel, and H. Ellenberger (Eds.), *Existence*. NY: Simon and Schuster. Pp.170-187.

Text

American Psychiatric Association. (1994). *Diagnostic and statistical manual of mental disorders* (4th ed.). Washington, DC: Author. Pp. 393-491.

MacKinnon, R. & Michels, R. (1971). *The psychiatric interview in clinical practice*. Philadelphia: Saunders Co. Pp. 89-109, 147-173.

E. Suggested Reading (available in library in filing cabinet under "Watkins")

Hillman, J. (1972). Psychopathology re-imagined. In *The myth of analysis*. Evanston: Northwestern University Press. Pp. 183-212; also Pp. 251-258, 281-298.

Hillman, J. (1975). Three ways of failure and analysis. In *Loose ends*. Dallas: Spring Publications. Pp. 98-104.

Hillman, J. (1980). On the necessity of abnormal psychology: Ananke and Athene. In J. Hillman (Ed.), *Facing the gods*. Dallas: Spring Publications. Pp. 1-38.

Surrey, J. (1985). Self-in-relation: A theory of women's development. Stone Center Working Paper, 13, Wellesley College,

F. Evaluation

Class presentation 100%